



My MN Farmer

Our Family Blessed
To Feed Yours

Vol. 11, Issue 21

October 17-20, 2020

Thank you 2020 Extended Season members!

Changes coming for the 2020 CSA season

As we prepare to make our final deliveries to CSA members this week, we find ourselves looking back at the 2020 season and reflecting on what we've learned.

In some ways, 2020 was no different than our previous 10 years in business. As in other years, we've grown your food organically to produce the most healthful product using best practices that contribute to the health of our planet.

But, as for each of you, 2020's challenges have forced us to step back, look at the big picture, and consider how we can do our job even better—both for you, our members, and for our family.

In 2020, we've taken several steps to better promote health and safety to our members, our farmers market customers, and our family.

- We opened an online store that offers no-contact delivery to homes and drop sites.
- We added additional safety measures to our farmers market booth.
- We adjusted our marketing in response to the changes in our direct sales to restaurants, a local college, and the Minneapolis School District.
- We responded to the increasing number of families that are food insecure by donating produce and eggs to food distributions and local food shelves and by teaming with Second Harvest.

As we reflect upon what we've learned from 2020, we recognize that, much like the chicken pictured at right, we sometimes take on more than we can handle.

With that in mind, we've made the decision to offer only a 16-week CSA season in 2021. We will no



2020 will go down in history as a year when we've all taken on enormous challenges! Thank you, members, for accompanying us on this adventure and for supporting local agriculture and our family farm.

longer offer an "extended" season.

The 2021 CSA season will run from the first week in June through the last week in September, with one week off in the middle for a family vacation and a wedding for family friends.

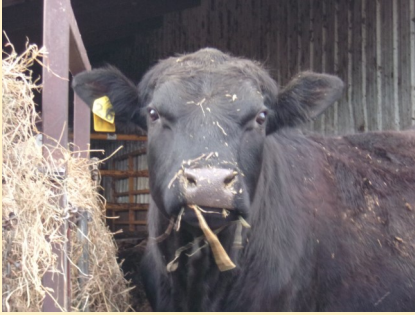
Members who will miss the longer season are encouraged to purchase produce, meat, eggs and granola from our online store mymnfarmer.com/barn2door before, during and after the 16-week CSA season.

Plans for 2021 delivery dates and drop sites are being made now, and will go live soon. Watch your email, our website, and our Facebook page for more information about signing up for our 2021 season.



This Gold Star laying hen has her work cut out for her if she thinks she's going to hatch out that entire basket of eggs! There's a lesson here! Don't bite off more than you can chew!

Stock that freezer! Beef packages and hamburger now available!



Delivery to your door TUESDAYS, NOV. 3 and NOV. 24!

We have hamburger, 12ths of beef, special meat packages, eggs, granola, and storage crops available through our online store.

We encourage you visit our store and select your items for early and mid-November delivery.

We will make online store deliveries to your door on **Tuesday, Nov. 3** and **Tuesday, Nov. 24**.

The link to our My Minnesota Farmer online store is mymnfarmer.com/barn2door.

In Your Share Box this Week

◆ **Delicata Squash** - Nicknamed the "sweet potato squash," Delicata squash has a sweet, velvety flesh that caramelizes beautifully in the oven.



◆ **Potatoes** - You'll receive Red, White or Yukon Gold potatoes in your share box this week.



◆ **Green Tomatoes** - This is your chance to try classic Southern cuisine. Make Fried Green Tomatoes! <https://www.allrecipes.com/recipe/16760/best-fried-green-tomatoes/>



◆ **Red Tomatoes** - You'll receive round red, Roma or heirloom tomatoes this week.

◆ **Bell and/ or Spicy Peppers** - Eat them fresh now or slice and freeze for later use.



◆ **Parsley** - Parsley is a favorite garnish or flavor enhancer.



◆ **Celery and/or Celeriac** - Minnesota Celery has smaller ribs and a stronger taste than store-bought celery. Celeriac, sometimes called Celery Root, has a mild celery flavor. <https://noshingwiththelands.com/what-is-celery-root-celeriac-and-what-do-i-do-with-it/>



◆ **Fennel (full shares)** - Fennel can be eaten raw or cooked. It caramelizes as it cooks, taking on a sweeter flavor and tender mouth texture.



◆ **SURPRISES! Farming is dependent on weather, and that can be unpredictable. Be assured we have packed into your box the value you've paid even if the items don't exactly match the items we've listed in the newsletter. Thank you for your understanding!**



Farm News

FALL SEASON PHOTO FUN - My Minnesota Farmer CSA Member Maria Shue and her Dad love sunflowers, so when they arrived at the farm to pick up their share last week, they enjoyed a photo shoot on the farm property.



Dexter, a WWOOF program volunteer poses with one of My Minnesota Farmer's friendly chickens.

Dexter, who hails from Los Angeles, California, is volunteering on the farm during her gap year between high school and college.

To learn more about the World Wide Opportunities on Organic Farms program, visit <https://www.woofusa.org/>