

My basket this week may include

- ❖ Peppers!!! It is now pepper season!

 The pepper tunnels look amazing and now we are almost ready to start harvesting out of the fields. I will try and get you enough peppers to make a meal of stuffed green peppers coming up but I don't know if it will be this week. Hope you love these!
- ❖ Kale Great for chips, salads or sandwiches. Kale is so healthy for you. If you haven't tried the chips they are a great way to get your vitamins. Kale is also a great addition to green smoothies!
- ❖ Zucchini, Summer Squash and Yellow Zucchini Oh no! We are so overly blessed with summer squash and zucchini. Hopefully you loved it in a grill or oven packet last week. This week try stuffed zucchini or zucchini bread. We are selling some wholesale because we have so many. We will try not to overwhelm you with it!
- ❖ New Baby Reds Just dug! We love potatoes. Hope you do too. We will start with the red potatoes and then shake things up a bit with Yukon and Pearl. Delicious and versatile is what we love.

- ❖ Cabbage It looks like there will be plenty of cabbage for everyone this week. Cabbage is such a fun crop because there are so many ways to prepare it. Some of my favorites include cole slaw, cooked or steamed cabbage with butter and salt and pepper or cabbage soup.
- ❖ Sweet Success Cucumber The majority of the cucumbers we are sending out are sweet success. They are a European cucumber that grows about 14 inches long. They are supposed to be BIG. They are wonderful tasting and have very few and tiny seeds. This is the cucumber that made a cucumber lover out of my husband. So don't let the large size of the cucumber scare you away. Try them and you will see.
- ❖ Yellow or Green Beans or Sugar Snap Peas – I think we should have enough beans or peas for everyone. We have green beans, yellow beans and sugar snap peas. The peas can be eaten whole, pod and all. You can shell the big ones if you would like but that is not what they are intended for.
- ❖ Forum Spring Onions Our spring onions in the field are done and ready to be harvested. Some are huge and some are not so big. The storage onions are looking great! Those will be in your boxes soon enough. I think it is our best storage onion crop ever. ©
- ❖ Tomatoes The tomatoes are just beginning to ripen. We will try and get a

tomato into every box. We have funny bumpy heirloom tomatoes that may have a green or dark ring around the top. These are not the typical pretty round tomato taste but their robust flavor is awesome. Good old fashioned tomato kick in these! We will also have the typical slicer and maybe some yellow tomatoes too.

★ Kohlrabi – We are out of red kohlrabi but should have plenty of green. I will get these to you for fresh eating. Num!

Next Week's Box

It looks like we should have these crops for next week's Box....

- Potatoes
- Onions Either bunching or Spring Onions
- ❖ Tomatoes -; I can't imagine they won't ripen soon!
- Cucumbers -
- ❖ Peppers Lots of them! These are looking great!
- Parsley
- Summer Squash, Zucchini
- Collards, or
- * Radishes, or
- Broccoli



Baby red potatoes. Looks good to me! We are probably digging 500 lbs a week now until October or when there are no more.

Calf Count

We have so many cute calves on our pastures. It is so adorable how a cow starts. I went to rotate the herd to a new paddock on Tuesday and a new baby walked up to me. I was able to pet it and it was very comfortable with me. They are so cute! We are now up to eight bull calves and three heifer calves. We have a lot of little boys around here, in the pastures and our own 5 sons!



Getting Our 'A' Game On

I have felt pretty discombobulated these last couple weeks. It is so wonderful to have all this wonderful space and organization in our new pack shed. WE are getting things settled and getting into a grove. We still don't have any water over there though. This makes washing produce much trickier! © If we notice that something needs to be washed while packing we are kind of at a loss unless we lug it across the yard to our old washing house and then haul it back. I am so excited about getting water in the pack shed sometime really soon. It will make me feel so much better about how clean the produce is going out! Thanks for being understanding and therefore helping us through this transition.

You can see the picture of Dean pulling the cooler behind our tractor. It is no small feat to move a large building but we aren't usually up to things unless it is big things! This was the smaller of the two building we moved and it was much less complicated. Check out the picture of the completed frame of our new pack shed. We are still waiting on water and electrical outlets but we are so clase and the organization and space is such a blessing!