

My MN Farmer

Our Family Blessed
To Feed Yours

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Enjoy these Salad Days!

Your early-season boxes include a number of beautiful greens. This week you'll find Green Forest Romaine, Kale and Red Fire Lettuce. There are so many ways to use these beautiful greens. Members have told us they love making lettuce wraps with the large leaves. Or grill a chicken breast and make a great chopped salad with your mixed greens, radishes and kohlrabi.

The greens come to you straight from the field, so you'll want to wash them well, as you would your store-bought greens. The easiest way is to chop off the bottom inch of the head, fill your kitchen sink with very cold water, separate the leaves from the head, and submerge them in the cold water. Swoosh them around to remove any soil, and then put them in your salad spinner and give them a good spin.



Farmer Ellie takes a break from playing ball to check out the progress in the Romaine lettuce high tunnel.

We have found it works best to leave the clean, spun greens stored in your salad spinner in your refrigerator. Then they are clean, crisp, cold and ready to grab for your wraps or salads throughout the week. If you don't have a spinner, you can wrap the leaves in paper towels and refrigerate them in a ziploc or large container. See page 2 of this newsletter to read about all the other goodies in your boxes.

Please practice drop site etiquette

We are so happy to have you as part of our community! We are looking forward to a great year. As this may be new to some of you, here are a few tips to make everything go smoothly when you pick up your box:

- Check the list of names at your pickup site. Verify you are on the list, and see exactly what items you ordered. Pick up the items you ordered and sign behind your name so we know you've received them.
- **Half or Whole Share?** Please double check that you are taking the right size share. The majority of the calls I receive about drop site issues are because someone orders a half or whole share box and only the other size is there when they get to the drop. **Black boxes are half shares** and **white boxes are whole shares**. Thank you for being considerate to your fellow members by double checking you are picking your produce out of the correct sized box.
- Please bring your own container to transfer your produce into for the trip home.
- Stack the boxes in the shed - one pile of half share black boxes, one pile of whole share white boxes and one pile of lids. This will help keep the shed clean for people coming after you.
- Go home and enjoy your fresh goodies!
- Please call or text with any questions. I try to always have my phone with me. **612-245-6271**. Thanks!

