



My Minnesota Farmer CSA

My basket this week may include

- ❖ **Tomatoes** – Tons of tomatoes here. We will try and get you a few more this week so you can make some salsa. If you want larger quantities of tomatoes please let me know or order them on our website.
- ❖ **Potatoes** – Wow, it has been such crazy weather. Really dry, really wet, and now just this week we were able to dig potatoes again but it is still very heavy wet earth. We dug Yukon Gold Potatoes for you this week. They are so delicious and moist and buttery on the inside.
- ❖ **Basil** – Lots of delicious basil is around here. If you want large quantities of this also please let us know. We can get this in the box this week because we have a little ‘spare’ time because we are not picking lots and lots of green beans for once in quite a few weeks. We have to rotate our time intensive crops.
- ❖ **Cantaloupe** – Our cantaloupe crop is so amazing. We are dealing with some weeks but basically it is just amazing deliciousness! Check out the photo of the kids harvesting with us. There were some cracked ones, and they all smelled so good that we ate them right in the field. Doesn’t get much better than this!
- ❖ **Yellow Onions** – We use onions all the time around here. Hope you love them as much as we do! These should store pretty well. We will be switching to red and white onions soon. There are lots of nice onions out there yet.
- ❖ **Zucchini and Summer Squash** – There will be more of this crazy fruit. Look on the recipe section of my website for the zucchini soup recipe which can also be used for summer squash.
- ❖ **Bell Peppers** – The peppers look amazing again. We will get red, yellow, orange or green peppers to you as they are available. These are amazing for sautéing or stuffed green (or any colored) peppers.
- ❖ **Beets** – We have so many beets around here. I think they are so delicious boiled or broiled with coconut oil or butter and salt and pepper. You can also check out the chocolate beet cake recipe on the website. There are also some awesome dishes with shaved raw beet. Be creative.
- ❖ **Eggplant** – I think we should have enough eggplant for everyone this week but we will see what we get when we harvest all of them. If I don’t have enough for this week we will harvest more for next week. Great as eggplant parmesan.
- ❖ **Cucumbers** – Same story with these as tomatoes, potatoes, basil, peppers and beets. We have lots so let me know if you want to purchase extras. We are so blessed with lots of goodies ready.

Next Week's Box

Spaghetti Squash
Red Onions
Summer Squash
Tomatoes
Kale
Lemon Basil
Yukon Potatoes
Peppers
Eggplant if not enough this week
Cantaloupe

The Best Fun!

Being together as a family on our crazy farm! Yes Sam is dumping cantaloupe juice on Andy's head.



What's next?

We just did an evaluation of the fields to see what is still waiting to go out in boxes this season. Here is the list; acorn squash, red and green kabucha squash, cantaloupe, spaghetti squash, butternut squash (if they mature), pie pumpkins, celery, beans, beets, some carrots, red cabbage, some lettuce, gourds, collards, brussel sprouts, tomatillos, eggplant, kale, Swiss chard, peas, tomatillos, apples and possibly radishes. I'm sure there is more that I am forgetting but here is a preview. Shares go until mid October.

Devastating Things Happen on Our Wonderful Farm Too. ☹️

It is so great because our kids are more help each year. We get to work as a team, as a family and accomplish great things together. Unfortunately, things don't always go as planned. We sent one of our children out to water the pen of 150 broiler chickens one evening. There were 3 waterers in the pen and one was missed. When we fed them the next morning none of them checked the waterers. Because they were without 1/3 of their water for the day we lost a sickening 93 birds. Ouch. We felt so bad.

This happened while we were out harvesting cantaloupe and taking the photo here. It is so hard when this kind of thing happens. We know that this loss is nothing compared to those in Texas who have lost lives, homes and so many other things but for us it is still very sad. We ordered 100 new birds to make up for the loss but these were to be processed next week so not only are we devastated about causing this but also that we lost the income, have to regrow 100 birds and are were not good stewards of the gifts we are given. It is a learning lesson for all of us. For the children to do things completely and for us grownups to double check what was said that was completed.

God still has us in his hands and we will continue to help us steward our animals well that He has gifted us. Help us Lord.

We hope you have a wonderful and safe Labor Day weekend!