



# My Minnesota Farmer CSA

## My basket this week may include

- ❖ **Pumpkins** – These are pie pumpkins. They are great for pies, breads, custards or even just carving. My 10 year old son Lucas has been making pumpkin pie about every other day. He makes 2 to 3 pies at a time and they disappear very quickly. I told Luke he may have to keep practicing; he may be our pie maker for Thanksgiving.
- ❖ **Celery** – This celery has grown so well this year. We are excited about the abundant harvest we have from it. If you don't have a use for it immediately cut it, freeze it and take it out to flavor stews this winter. It is so beautiful!
- ❖ **Gourds** – Here is the first thing we have sent out this season that isn't edible. Gourds are a decoration to make your home more festive during the fall. Put them with your pumpkins and squash until you use the food items. They are a great fall decoration. Once they dry they are great for maracas. ☺
- ❖ **Yellow Onions** – Yellow onions are a beautiful addition to any meal. Don't feel like you need to use them right away, these are great for storage. Put them in a cool place if you are planning on keeping them for a while. Still my favorite way to use these is sautéed on burgers or just as a side dish. Delicious!!
- ❖ **Cherry Tomatoes** – We may have enough to get these to our half shares this week but we will just have to see. The frost got the leaves of lots of plants but the cherry tomatoes still may be ok because of the dense foliage. We will just have to see.
- ❖ **Sweet Peas (Saturday)** – These are so tender and delicious. We sent them out to everyone except for our Saturday people last week so they will get them for sure.
- ❖ **Carrots – (Wednesday)** I got carrots to everyone the last two weeks except for most of the dropsties on Wednesday. They still aren't beautiful and perfectly shaped but they are so sweet. Enjoy!
- ❖ **Peppers** – We clear harvested our field peppers and have three tunnels we are still working out of. Some of them are amazing and beautiful others are great except for some scarring along the top which resulted from damage to the blossom. I will try and have enough beautiful ones for everyone but if there is a little scarring you will at least know what it is.
- ❖ **Tomatoes** – Tomatoes galore! We will try not to overwhelm you but we know if you don't have now, unless you are extended season, it may be awhile.
- ❖ **Yukon Potatoes** – These are awesome and moist. I love these potatoes, baked, sautéed, fried, broiled or in soups. They are wonderfully versatile. They also store very well. Enjoy!

- ❖ **Apples (Full)** – These are organic and not pretty but we will get you what we feel comfortable sending out. The look does not determine the taste but it does let you know we didn't put chemicals on it. ☺ No poisoned apples here! ;)

## Looking for More Produce?

Thank you for the wonderful season! This is the last week of regular season. Are you going to miss your weekly boxes? If you aren't signed up for extended season you can still do that online if you want that last box. You can also add chicken, eggs, grass fed beef, grass fed hamburger, onions, potatoes, tomatoes or anything else you are going to miss. These can be delivered this week or the week of extended season.

**Here are more offerings we have available:**

**Thanksgiving turkeys** fresh the Tuesday before Thanksgiving are available. Order online or let us know you are interested.

**Thanksgiving boxes** are available online now.

**Grass Fed Beef** 1/12<sup>th</sup> beef shares area available now or at the November delivery.

**Hamburger Shares** we have 20 lb boxes of ground grass fed beef available now or at the November delivery.

**Chicken, Chicken Stock and Eggs** are also available at the link below. Stock your freezer for the winter now.

Here is the link to the Thanksgiving Store.

<https://csa.farmigo.com/account/myminnesotafarmercsa>

I have all the shares set up for **the 2018 season**.

<https://csa.farmigo.com/join/myminnesotafarmercsa/Summer2018>. You get a 4% discount on your share for signing up before February 28th. If you missed out on beef, cut chickens, lamb, pork or anything this year, signing up early will secure your spot.

## The Blessing of Farming

Farming is such a wonderful although labor intensive job. Some days I am so poor and exhausted I want to just quit. Other days I start my day with my Bible study, accomplish a ton with my wonderful family, and look back on the day at a job well done. God has blessed us to be able to farm and live the life in which we feel He is leading us, though I know that even though this is tough this is exactly where we are supposed to be.

I marvel at the blessing we have by not having to live up to our neighbors, the latest fashions, the coolest new hair die, or whatever else the new trend may be. If you want to come out and play on the farm with us and become part of our non-worldly world, we would love to have you here!

All of that is to say **thank you so much** for purchasing our veggies, eggs and meat so we can continue to be a farming family. I am sure I don't say it enough so again, THANK YOU! We so appreciate your business. We will continue to grow fresh, chemical free produce for you as long as this is our calling. Thanks for supporting our dreams and goals. We so greatly appreciate your support of our dream! Come join us whenever you would like. ☺

## Extended Season Box

Squash  
Pumpkins  
Onions  
Tomatoes  
Celery  
Potatoes  
Cabbage  
Brussel Sprouts  
Carrots or Beets  
Whatever else we find around here we may put in your box! ☺

Hope you enjoyed your regular season. The extended season continues one additional week October 19<sup>th</sup> through 24<sup>th</sup>.

There is still time to sign up for the extended season if you would like.  
Thank you so much for being part of our farm!

