



## My basket this week may include

- ❖ **Green Butter Head or Red Romaine – (Full Shares)** I have two different options of lettuce for the full shares. The green ball lettuce is a smooth butter head lettuce. The tall red is a romaine. Both delicious kinds of lettuce. Hope you enjoy whichever one you get.
- ❖ **Leaf Lettuce – (Half shares)** This is a great red or green frilly lettuce. Not a lot of crunch but a beautiful mild flavor and great frilly colors.
- ❖ **Green Forest Romaine** – This is a wonderful crisp lettuce. With all lettuces the best way to keep it crisp is wash it in very cold water but not freezing, allow the leaves to dry or spin them, then put them in a bag in the fridge with a damp paper towel in it. Lettuce stays better unwashed so that is how we deliver it to you. There is only organic soil on it anyway. ☺ You can't get much cleaner than organic lettuce even if it isn't washed.
- ❖ **Cilantro – (Full Shares)** This is my favorite herb. It just tastes so much like spring! My favorite things to do with cilantro is chop it small and put it on my salad or sandwiches, use it in fresh salsa, although my biggest tomatoes are the size of a baseballs right now, or put it on eggs, soups or other hot dishes.



- ❖ **Bok Choi Joy Choi**– I have learned to love raw bok choy as a treat. The leaves work well for wraps and the base can be eaten like celery. The greens can also be used as a substitute for lettuce or chopped up and sautéed. You can also use it as a substitute for celery in soups or stews. When cooked it has a pretty mild flavor. I enjoy the outside stalks raw with or without dip.
- ❖ **Kohlrabi** – These wonderful crazy shaped balls are so delicious. For those of you who are unfamiliar with this you cut the green or red outside off and eat the crisp, juicy white center. It is like a radish but without the bite. This can also be cut up and used as a substitute for potatoes in soup. These are grand duke kohlrabi so they are supposed to be big. Bonus: the leaves are also edible. Try sautéed, kohlrabi leaf chips or use them marinated like coleslaw. **(Full shares)** will get a red kohlrabi too.
- ❖ **Spring Bunching Onions** – Yes these crazy onions are totally edible, crazy flower also if you got one of those. You may eat raw on salads or your veggie tray or use them in your favorite hot or cold dishes.
- ❖ **Radishes** – Radishes can be eaten raw, made into radish sandwiches, (my grandma's favorite) or even broiled where they lose their bite. Such a beautiful spring treat.



- ❖ **Broccoli** –I really enjoy broccoli and it is growing so amazingly in our high tunnel! This is great raw or cooked. So delicious!
- ❖ **Kale** – If you don't already have a love for kale in smoothies or raw on salads try kale chips. My 11 year old boys favorite! Here is a recipe <http://ohsheglows.com/2014/03/12/6-tips-for-flawless-kale-chips-all-dressed-kale-chips-recipe/>
- ❖ **Green Forest Romaine Lettuce** – This is a great green lettuce. Fresh and crisp this has been a staple food for my family the last couple weeks, taco salad, egg salad wraps, lettuce on a hamburger or a Caesar salad.

## How does your garden grow?

We are so excited about everything that has been accomplished this week. We have transplanted so many peppers, pumpkins, tomatillos, cucumbers, tomatoes, broccoli, cabbage, squash and so much more. It has been so wet and we finally got a beautiful week to put everything in the ground that has so desperately needed to be transplanted. We have so much lettuce, radishes, bok choy, broccoli, bunching onions, chard, kale and lots of other things ready to go. There are many things just on the brink of getting ready also; garlic scapes are one of the fun ones!

Our livestock pavilion is almost ready to put the steel on. It won't be that many hours of labor yet until we put the walls on and get our chickens in there as their home base to free range on. I am so excited. Unfortunately it is hard to find any hours right now that we aren't planting, transplanting or harvesting and I know that will continue to pick up. I also know that we are getting more help this coming week. We have three high school students coming to help us run this amazing task the Lord has given us. We are very grateful!

Welcome to the 2016 season of produce. It has been a great start to the season and we pray it continues! Thanks!!

## Welcome: Drop Site Etiquette

We are so happy to have you as part of our community! We are looking forward to a great year. As this may be new to some of you here are a few tips to make everything go smoothly when you pick up your box....

- Check the list of names at your pickup site. Verify you are on the list and see exactly what items you ordered. Pick up the items you ordered and sign behind your name so we know you got them.
- Half or Whole? Please double check that you are taking the right size share. The majority of the calls I receive about drop site issues are because someone orders a half or whole share box and only the other size is there when they get to the drop. **Black boxes are half shares and white boxes are whole shares.** Thank you for being considerate to your fellow members by double checking you are picking up the correct size box.
- Please bring your own container to transfer your produce into for the trip home.
- Stack the boxes in the shed. One pile of half share black boxes, one pile of whole share white boxes and one pile of lids. This will help keep the shed clean for people coming after you.
- Go home and enjoy your fresh goodies!
- Please call or text with any questions. I try to always have my phone with me. Thanks!

## But I want Garlic Scapes (or fill in your favorite produce) 😊

One of the wonderful things about eating seasonal locally grown vegetables is that things are seasonal. There are neither cucumbers in May nor Garlic scapes in October. Things start slowly, 10 beans, 100 beans 1,000 beans and slow down the same way. Because of this I don't always get exactly the same thing to every drop site and share size every week. This week full shares get cilantro but unless a tornado hits everyone else will get this next week and for a couple weeks thereafter. You definitely can let me know if you were sad you didn't get your favorite produce this week but believe me you will get some. I have a chart on my wall that tells me which products went out to which shares on each day. I will do my best to get each and every member a well-rounded box throughout the season even if it isn't exactly the same as your friends in the next town each week. Thanks for loving and understanding our diversified seasonal farm!